





Kyla Tully is a PhD candidate completing an Applied Research Collaborative Studentship with Edinburgh's Queen Margaret University and the University of Glasgow. She is currently experimenting with creative methods to explore cultures of professionalism and management within rural arts organisations.

Lena Dedyukina is a Geography MA student from the University of Ottawa (Canada) examining food security in Arctic regions. She has a BSocSc degree in Sociology and Indigenous Studies. She has three children and has lived in Ottawa (Canada) with her family since 2010. Photography, art, and poetry are her hobbies.

Matenia Altikatis is an NYC-based creator with a thirst for adventure and connection. Fascinated by humans, Earth, and everything in between.

organized and lived and how they might be interrupted. Twitter: @grcharania.

Born and raised in the UK, Hassan Akram has an active interest in sociology and has also had short stories published in anthologies like *Sherlock Holmes: Further Adventures in the Realms of H.G. Wells*, with more stories in the pipeline.

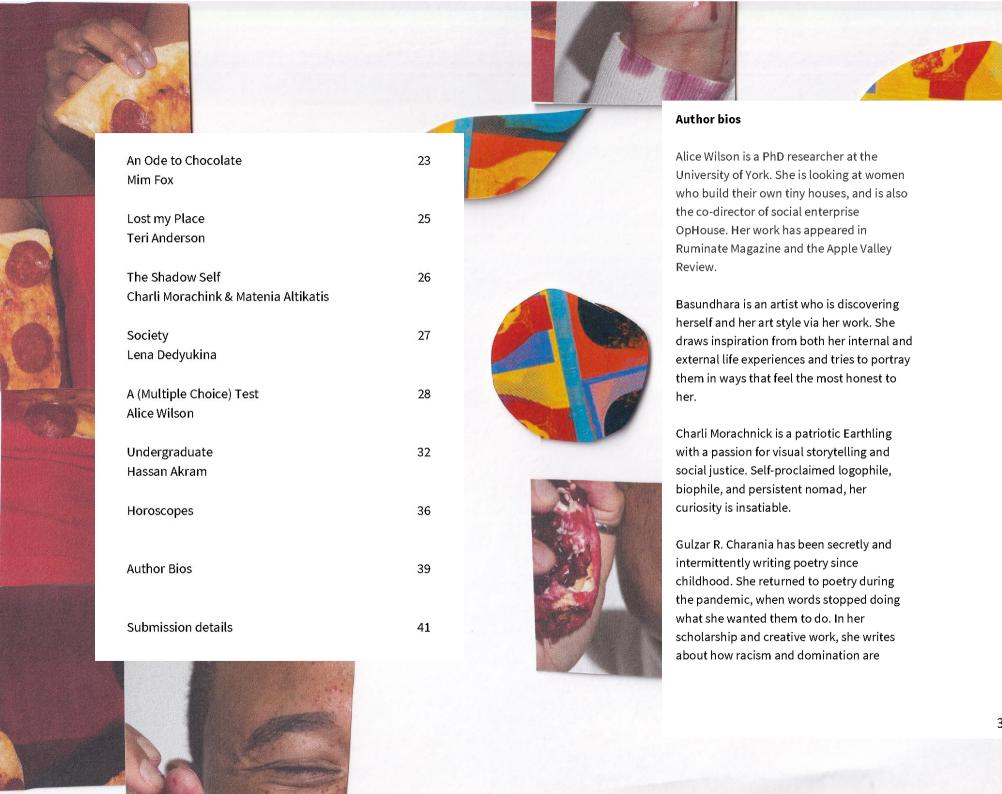
Ian C Smith writes in the Gippsland Lakes region of Victoria, and on Flinders Island. His work has appeared in Antipodes, cordite, Eureka Street, Griffith Review, Journal of Working Class Studies, Meniscus, Shaping the Fractured Self (UWAP), &, So Fi Zine. His seventh book is wonder sadness madness joy, Ginninderra Press.

Incarnadinea, also known as Carna, is a queer visual artist currently living and working in India. Their art mainly explores notions of self-identity and also draws upon their experiences as a person living with mental illnesses.

Jack Redden lives in Manchester. He is currently unemployed and spends most of his time writing poetry.

Contents

Underlying Conditions Pede Hollist	7
Relinquish Those Youthful Thoughts John-Paul Smiley	9
Boys Do(n't) Cry Basundhara	11
The Worst Part Jack Redden	12
The Art of Squatting Ian C Smith	13
Gathering Phases Kyla Tully	15
Running Lena Dedyukina	18
Extraction Gulzar R. Charania	19
Not all Women Incarnadinea	22





Underlying Conditions

Pede Hollist

On this hot spring 2020 Florida afternoon, after months of pandemic mandates that confined us indoors and limited social contacts, I could tell from the look in her eyes that she wanted us to do it.

Do you think we should? It would be a quick one, with minimal touching.

She edges closer to me, flicks aside the bangs overhanging her eyes, shakes her head, and extends her sleeveless arms. Their light-brown freckles darken. Her tank-top strap slides down her plump left arm. A sulfurous odor wafts between us, triggering my nerve endings.

It would not hurt you. You would be safe.

She had been a student in my introduction to Biology class, Fall 2019. However, we had not seen each other since the pandemic shut down face-to-face learning. Now, here we are on campus, standing six feet apart—the freckled-faced white female student and the older black professor—eager to affirm our classroom friendliness.

Are you worried you will get into trouble, that they will say you should have known better?

She inches toward me. Her warm breath rushes up my nostrils into my synaptic pathways creating a wave of desire for the warmth of human touch. In response, the hippocampus marshals embedded ethical codes, Bible teachings, Zen sayings, Qur'anic hadiths, and most



SOCIOLOGICAL HOROSCOPES

In the spirit of 'committing sociology,' this edition brings each sign a verb they need

aries

honour

taurus

evaluate

gemini

specify

cancer

lead

Relinquish Those Youthful Thoughts

John-Paul Smiley

What meaning did you hope for?
In those dreams of yours,
Which on occasion turned to terror.
For reasons unbeknownst to ye,
And of which memory fast faded.
Did you ever think from whence they came?

"Monkey see, Monkey do".

Was that not you?

Was that not me?

Was that not we?

What was particular to thee?

Did you silently desire that ye were exempt?

But could you be, as if untouched by all,
Another you, free and unsullied?
No! 'Tis merely an illusion.
For you are you, in no small part, because of we,
Just as others will, in turn, be shaped by thee.
Free then, but to degrees, constrained always, by the embeddedness of we.

Yet, let not such revelation trouble thee,
Or cause within thyself the smothering of hope's flame.
For 'tis only through such understanding one may become free.
As the shackles you perceive contain within themselves,
The very seeds of distinct possibility, and so,
Relinquish those youthful thoughts of a ye, outside of we.

Awaken from thy slumber then my friend,
For 'We' are the 'We', beyond 'you' and 'me'.
It is this, only this, that ensures harmony.
So once and for all, take thine place amongst the many, and,
Relinquish those youthful thoughts of a ye, outside of we.
Relinquish those youthful thoughts of a ye, outside of we.

* This early 21st Century poem is now part of the mandatory collection for the children of Cassini.

adulations of her fellows – and teachers. It was her teachers who had suggested she apply to Oxbridge (who else could have done) and they must have seen that capability in her to recommend it so eagerly. She pictured returning home during holidays, and bumping into old classmates and teachers, and mentioning lightly, "Oh, you know I'm at Cambridge." And they would tell her how amazingly clever she was.

Sometimes Sharon hated herself for being so bluntly arrogant.

She swallowed. She looked across the room at Terry's hopeful face, and the secure, stable life he would give her if only she relinquished herself to him – it seemed the natural course, ordained by centuries of family history. Then she pictured the faces of everyone she knew, whispering approvingly behind her back: "You know Sharon got into Cambridge...!" "The University of Cambridge, wow!" Then the image of her in a suit, commuting to London to work as an apprentice, and the paycheques, glorious paycheques, that this would reap.

Which is it, then, she thought. It can only be one: Undergraduate, apprentice or housewife?

But – damn life – she already knew which one it would have to be!

END

earning to start paying." Sharon wondered if teachers met that minimum salary. Probably not.

"Can't your parents help you out?" someone else had once asked her, but Sharon didn't think it worth explaining the consequences of the fact that neither of her parents had progressed beyond GCSE level, narrowly at that.

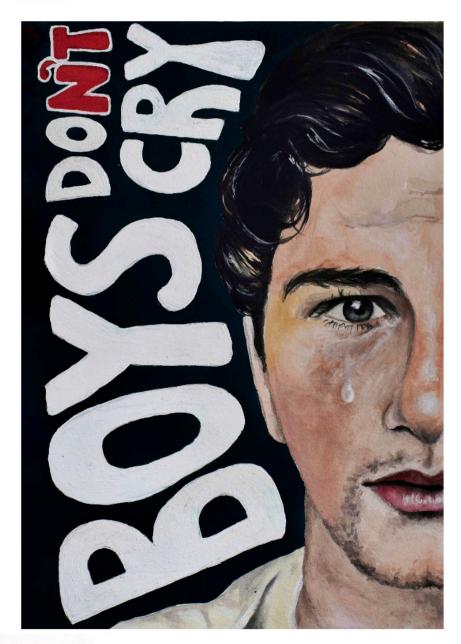
"£30,000!" her mother had jumped up at hearing the retail price of a bachelor's degree. "Do you know how long it takes to... and for what? Okay, so you've got your—degree in *English*. Then what? Who cares what books you read, you read so many of them anyway. It won't do you any good, you'd do better to remember your place." If only Sharon had been born to someone else, someone *higher*.

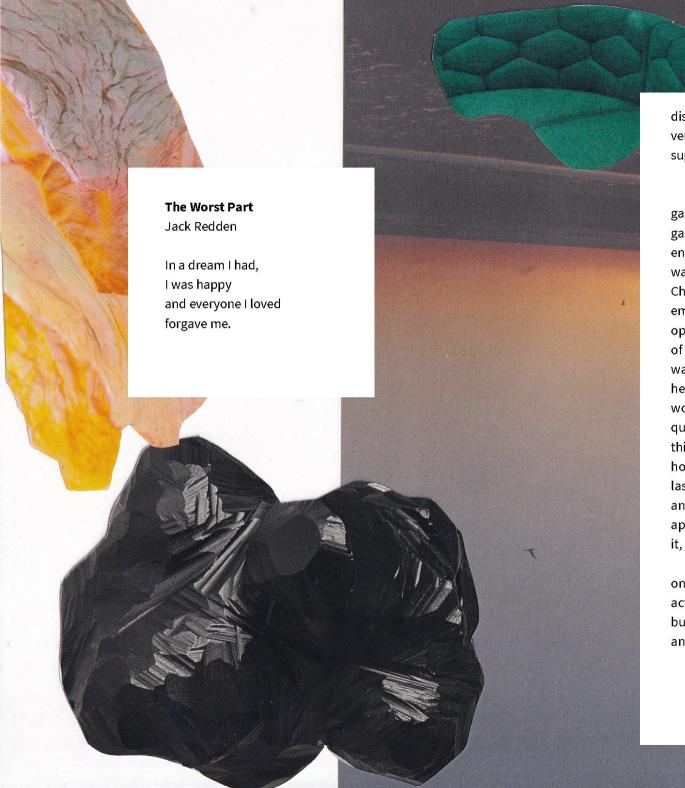
And what if she took an apprenticeship? It was the commonest way out which, she thought, any fool could take. What was the point, then, of those years of hard work and being outstandingly intelligent? It was a waste of talent. But it was an income, at least, an occupation in Central London, training on the job. Income, not debt. Independence, not reliance.

Se

Then Sharon thought of her dream. She wanted to enrich her mind and be a woman of higher education, but the fees and debt! Still... "I'm a Cambridge woman" – that would be her identity, a lifelong sense of belonging to that sacred institution – lifelong. People would look at her admiringly forever, and her children would one day be the children of a graduate! Already, her intelligence was so renowned as to actually be proverbial at college, and there was nothing she relished more than the frequent, admiring

Boys Do(n't) Cry Basundhara





disdain Terry's sort when that was what she herself might very well end up becoming? Or had already become. She supposed she was really a chav. Just like him.

Terry went to yell at some friends.

Sharon could now feel her own gaze on herself - the gaze of the future Sharon looking back at this moment. The gaze seemed fractured into three different hypothetical entities. None of them looked particularly appealing. One was a richly-cultivated graduate sprouting entire pages of Chaucer like mad, but scrambling vainly to find employment on this merit, and manacled to an oppressively weighty backpack which symbolised £45,000 of combined tuition fees and living costs. The next entity was a middle-grade careers woman, who after completing her apprenticeship, was certainly competent in the workplace, but unhappy with her job, and with no qualifications or cultural capital to do anything else. The third entity was a haggard housewife whose duties included hoovering and cooking and smothering Terry with lascivious kisses when he returned home in the evenings, and cradling the violent mobs of baby Terries who were to appear in due course. Somehow, when she thought about it, they were always Terry's babies, not hers.

"I know it's tough, the fees," her teacher had told her once. "When I was at uni, it was only £1000. Some would actually say it's downright oppressive now, £9000 a year, but it's not that bad because you can pay it off over time and there's a minimum salary before you need to be

Undergraduate, Apprentice, Housewife Hassan Akram

GOVERNMENT AND POLITICS: A*
ENGLISH LITERATURE: A*

ECONOMICS: A*

So that was that. Sharon had passed her A Levels with flying colours. Happy Results Day. Yay.

Now, she pondered. The grades were all right.

Cambridge would warmly matriculate her with these beauties under her belt. She ought to be elated, though her nerves were still panging with receding anticipation. And what about the other options?

Terry arrived at school some minutes later, uncharacteristically punctual. Upon seeing Sharon, he kissed her passionately. Neither of them mentioned what had happened last week. Neither of them mentioned his declarative promises or the question of the ring, which still hung in the balance, to be decided at her say-so. Yet Terry was still silently expectant.

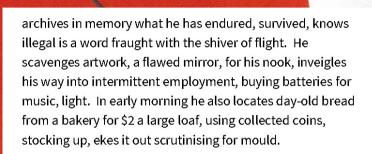
Terry soon discovered he had failed his course. "Don' need any f— exams to lay bricks, anyway, yeah word," he murmured. Sharon hated him when he was like this: coarse and ruffianly. He represented everything she wanted to wrench herself free of, the ill-bred masses who languished in slum-water their entire lives with no thought to any higher aspiration or plane. But was she in any position to

The Art of Squatting Ian C Smith

Government policy means danger to him. He always stares at maps of havoc found in newspapers, crashes his way in by bunching a speculative shoulder against the side door opening from a narrow footpath next to thundering industrial traffic. He secures his privacy with wedged timber, pulls the door hard behind him setting out, scanning like a sniper, blood thudding, before slinking forth, relying on luck not to be door-crashed in turn. Losing a tiny photo carried for years, himself aged five, he is cut down by grief, but finding a builder's skip, visiting it each stealthy night, stirs his wounded joy.

He turns a tap full on. Nothing. Walking away, he is startled by its sudden gush. Rust, then clean flow. Even the toilets flush. To combat the cold he finds scrap timber inside, then forages, the hunted as hunter, until winter is over, this scrounging arousing only the barking alarms of dogs. His cubby, fire-pit, are unseen from the doorway. To magpie his nest he prowls further abroad on this new leg of his strange odyssey, preferably in fine rain, footpaths emptied. Shielded by traffic's hum he moves, ghostlike under orbiting satellites, security cameras.

Accompanied by a pizzicato of pigeon wings, he reads. Dramatic ideas tango, warding off abstract grief. Absorbing knitted words, mind-rolling them, imagination partying, he



A framed picture by Raymond Wintz in his godsend op shop window for \$4, glows, a scene both interior and exterior. From inside an airy dwelling he views the outside, beyond a foregrounded writing desk with chair, reached through an open blue door, a glimpse of harbour, sky, little white boats moored. He is wary of boats, the way they leak when too old, overloaded, but these boats auger peace, joy. The open door casts shade, a sun-loved day of promise. He buys the print for his makeshift mantelpiece, loves that desk and chair, the idea of destination.



- c) Haunt you
- d) Happen

3.2 You can deal with difficult feelings in the future by:

- a) Talking about it with a trusted friend
- b) Avoiding difficult feelings
- c) Writing
- d) Eating a loaf of bread

3.3 Your capacity for change is:

- a) Small
- b) Fragile
- c) Comical
- d) All of the above

You have now reached the end of the test. Thank you for your participation.

This piece was first published in *Discretionary Love* at https://www.discretionarylove.com/a-multiple-choice-test-alice-wilson/





d) You are sad that something which seems like it should be easy is so much hard work

2.2 You try to handle this experience by:

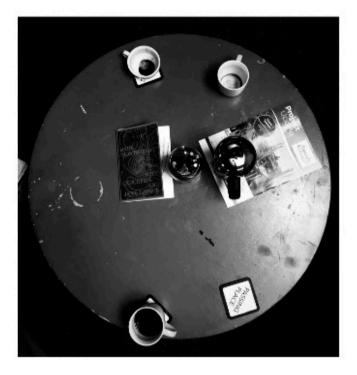
- a) Demonstrating empathy with how complicated this must feel for her
- b) Thanking her for being honest
- c) Ghosting her
- d) Eating a loaf of bread
 - 2.3 Reflecting on this conversation allows you to realise that:
- a) You try to control conversations by asking questions and avoiding answering them
- b) You are unhappy
- c) Relating to someone with high emotional intelligence is challenging
- d) You don't like bread

Section 3: Future Actions

- 3.1 Speaking with your ex in the future is likely to:
- a) Be easier

Gathering Phases Kyla Tully



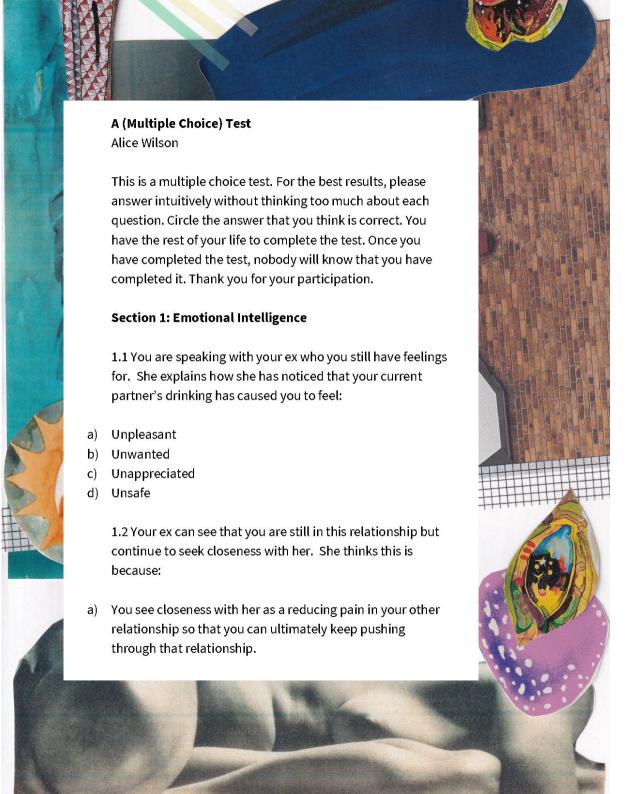




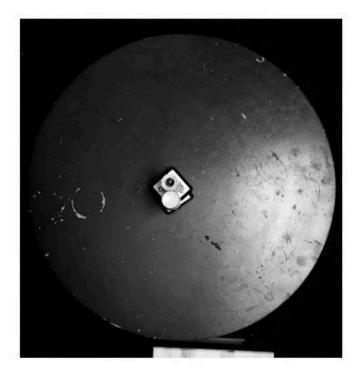
- b) You need to feel in control of a relationship and that is more easily achieved with her.
- c) You are used to uncertainty in relationships and that is what she provides you with.
- d) You are gay and you need her to confirm it by being your girlfriend. Again.
 - 1.3 Her aim in initiating this conversation is to remind you that:
- a) She doesn't think you are dealing with the situation well enough
- b) She would not tolerate the treatment you are enduring
- c) She is growing up and you are not
- d) She has done a psychology degree

Section 2: Self-awareness

- 2.1 The conversation you have had with your ex makes you feel terrible. This is because:
- a) She is right
- b) She is wrong
- c) You do not actually enjoy the honesty you claim to crave











Poetry, words and photography by Charli Morachnick Design and layout by Matenia Altikatis



Gulzar R. Charania

Theory Methods

Data

Findings

Conclusions

24 interviews¹

being a lawyer isn't a realistic goal for someone like you have you considered a trade? do you read to your daughter at night?

am I gonna get justice?

Theory

Methods

Data

Findings

Conclusions

crying

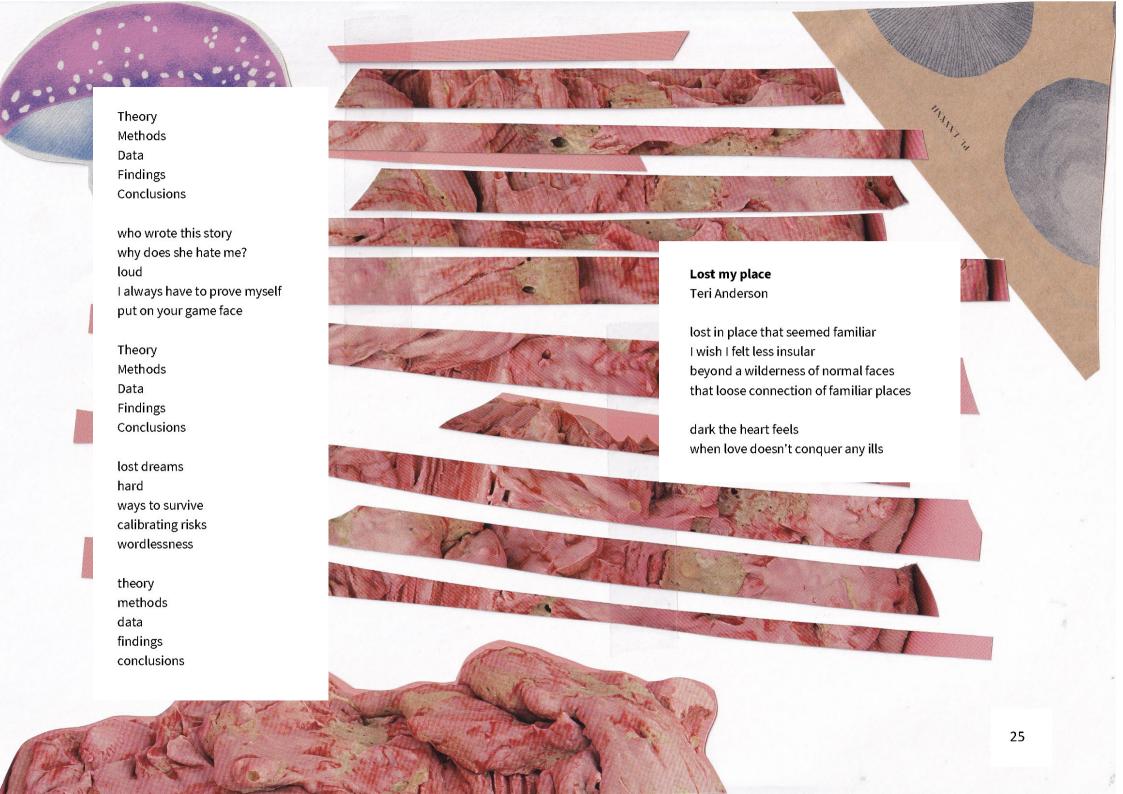
confusion

quiet

laughing

wondering

 $^{^{1}\,\}mathrm{Most}$ of the phrases within this poem are taken from qualitative work on racism. Identifying information is removed.



But my dark chocolate is loyal and kind There can't be another, let me remind

You of the day we first met!

A dream I have not forgotten yet!

It's not your love, the doctor said But the others they have sadly bed

Of whom do you speak? I recoiled back Not fruit and nuts, they did get off track

It's when you liquefy the form Use it in baking, cook up a storm

It's when you add it to biscuits or cake That's when your body it does quake

How dare the doctor say that to me? Don't they know it's a fait a compli?

And so I vow this to you my brave Although I will still rant and rave

Against this medical hypocracy This discourse, dare I say fallacy

To you I will always remain true No matter what, no matter who

In your purest form you have my heart Noone will ever keep us apart. never children
suspensions
categories
domination – discretion
missing histories

theory methods data findings conclusions

playing writing reading dreaming praying

theory methods data findings conclusions

friendship methods love findings incomplete.

Not all Women

Incarnadinea

